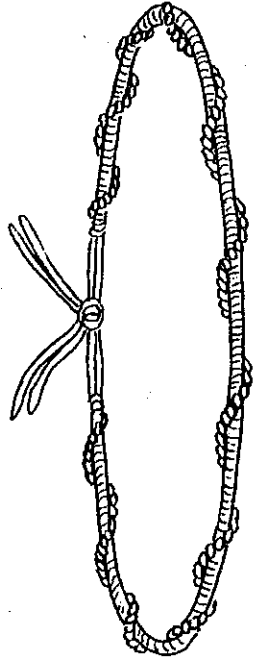
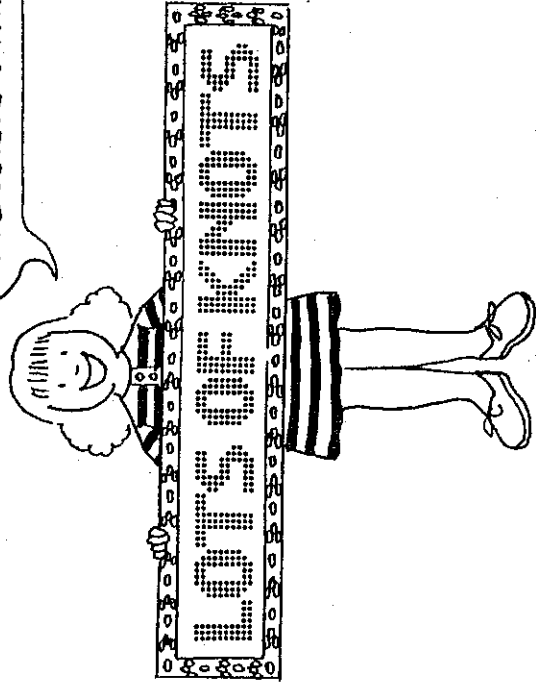
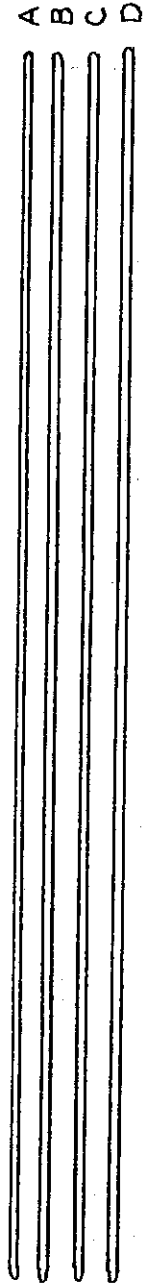


The next 6 pages are all about bracelets with knots!

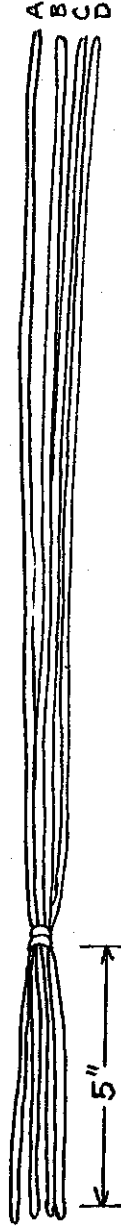


Spinning Spiral

How to make the Spinning Spiral:

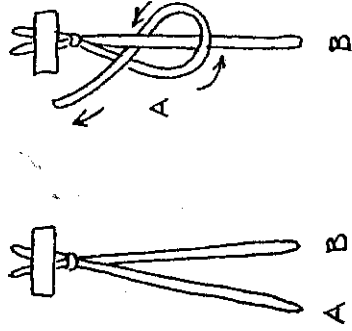


1. You will need four different colored strings (A,B,C,D), each 30 inches long.

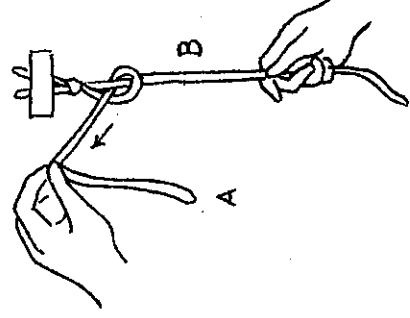


2. Tie the strings together with a knot about 5 inches from the top.

Note: One basic knot is used in all the knotted bracelets. Here's how to do it:

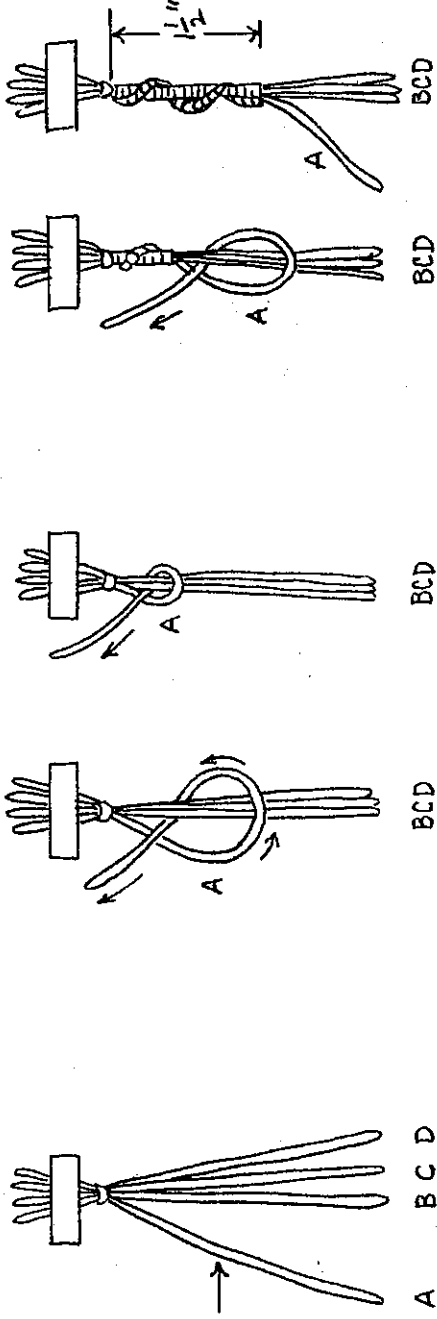


Put A over B, then back under B and over A.



Hold B firmly as you pull A up tightly.

- 3.** To begin, tape the short ends of the strings to a tabletop. **When you make the Spinning Spiral, always knot from the left!**



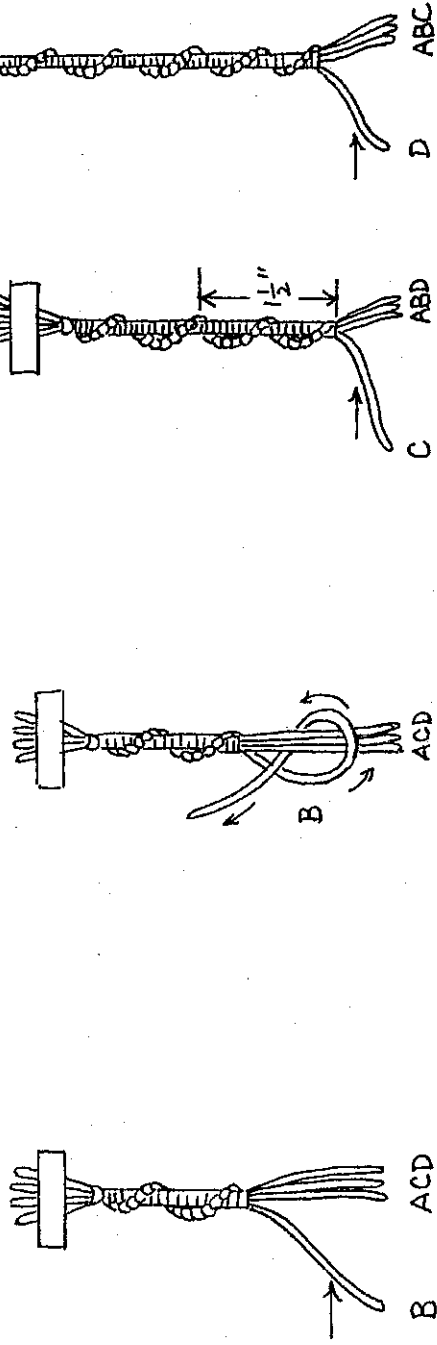
- 4.** Arrange the colors like this: A, B, C, D.

Start with string A on the left. Hold B, C, and D together

like one string (BCD).

Make the basic knot with A: Put A over the other three strings (BCD), then under them and back over A. Hold BCD firmly as you pull A up tightly.

Keep knotting with A for about 1 1/2 inches. **Keep the knots close together and pull A up tightly after each knot.**



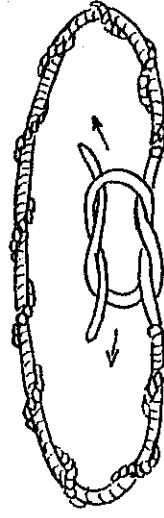
- 5.** Now start knotting with a new color, B. Hold A, C, and D together like one string (ACD).

Make the basic knot with B: Put B over the other three strings (ACD), then under them and back over B. Pull B up tightly after each knot. Do this for 1 1/2 inches.

Now knot with C around strings ABD for 1 1/2 inches. Then knot with D around ABC.



- 6.** After knotting with D for 1 1/2 inches, stop knotting and tie all the ends together with a knot.



- 7.** To close the bracelet, tie the ends together with a square knot. (See page 3 for directions.)